

Here's Where Things Stand

This week focused on follow-through after last week's PCP visit, confirming logistics for upcoming appointments, and checking in on day-to-day needs at home. All scheduled items are in place; a few routine follow-ups are underway.

What Happened Last Week

Primary Care Visit — Feb 26 with Dr. Alan Hughes, MD

The PCP reviewed current medications and blood pressure readings, recommended continuing the current regimen, and supported starting home physical therapy to help with balance and mobility. No medication changes were documented.

Full PCP Visit Note:

 <https://averyn.app/binder/visits/2026-02-26-pcp>

Physical Therapy — Last Week

Provider: Summit Pathways Physical Therapy

- One in-home session completed
- Focused on balance and leg strength
- Therapist reported good engagement during the visit

Follow-through:

During our call, Mom shared that she *did some* of the exercises but not daily; she said she "forgets unless someone reminds me."

Summary of Patient Call (This Week)

We spoke with Mom on Tuesday afternoon.

Key points she shared:

- She feels generally okay but gets bored being at home
- She is unsure how to pay her upcoming **property tax bill**
- She asked for help getting her **dog to the vet** for an annual checkup

These items have been logged for follow-up and family direction.

Averyn Care Weekly Update — Week of March 3

Family Input Needed

Please advise on:

1. Preferred reminders for PT exercises
2. How you'd like us to assist with the **property tax payment**
3. Whether to schedule **pet transportation** or coordinate a mobile vet

 **Answer now:** <https://averyn.app/decisions/weekly/0303>

Items We're Closing

The following administrative items are currently in progress or queued for follow-up:

- Awaiting portal response from Neurology regarding a question raised by family member
- Rescheduling April cardiology appointment to avoid travel conflict
- Coordinating transfer of prescriptions from Costco Pharmacy to CVS per patient request
- Following up with **Summit Pathways PT** on intake schedule confirmation

Updates will be shared as items are completed or if additional family direction is needed.

Things to Watch (Per Primary Contact)

These are family-identified items we'll ask about during routine check-ins.

Focus Area	Current Status	Notes
Eating regularly	 Mixed	Says she eats breakfast; dinner inconsistent
Leaving the house	 Limited	Has not gone out socially this week
PT exercises	 Partial	Doing some; needs reminders
Supplies at home	 Adequate	No shortages reported
Mood / engagement	 Quiet	Mentioned boredom

Averyn Care Weekly Update — Week of March 3

Agenda: Next Week

Thursday, March 6 — Home Cleaning

 **Vendor:** BrightNest Home Services

 [1-216-555-6678](tel:1-216-555-6678)

 **Arrival Window:** 11:00 AM–1:00 PM

Friday, March 7 — PCP Follow-Up with Dr. Alan Hughes, MD

 **Cleveland Primary Care Group**  [44195 Euclid Ave, Cleveland, OH 44115](https://44195euclid.cpc.com)

 **10:00 AM**  **Clinic:** [1-216-555-1234](tel:1-216-555-1234)

 **Transportation:** North Shore Medical Transport  [1-216-555-9876](tel:1-216-555-9876)

Pickup from home at **9:15 AM** — **Return** from office **11:15 AM**

Sunday, March 9 — Meal Prep Drop-Off

 **Vendor:** Golden Years Meal Co.

 [1-216-555-4432](tel:1-216-555-4432)

 **Drop-off:** 3:00–4:00 PM

Tuesday, March 11 — Neurology Visit with Dr. Priya Raman, MD

 **Lakeview Neurology Associates**

 [6800 Brainard Rd, Independence, OH 44131](https://6800brainard.lakeviewneuro.com)

 **1:30 PM**  **Clinic:** [1-216-555-4321](tel:1-216-555-4321)

 **Transportation:**

Family transport — John D.  [1-440-555-0111](tel:1-440-555-0111)

Pharmacy Pickup

Vendor: CVS Pharmacy —  [Main Street](https://mainstreet.cvs.com)  [1-216-555-0987](tel:1-216-555-0987)

Prescriptions Ready: 4 Items (Metf..., Lisi..., Ator..., Done...)

Ready for Pickup expected **Thursday, March 6 by 2pm**

Additional Vendor Contacts

- **Summit Pathways Physical Therapy** —  [1-216-555-7654](tel:1-216-555-7654)
- **BrightNest Home Services** —  [1-216-555-6678](tel:1-216-555-6678)